

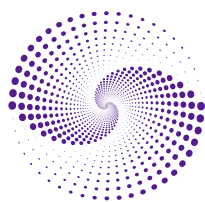
CONSCIOUS GROWTH

Psychedelic Retreat for Artists and Creatives

2026

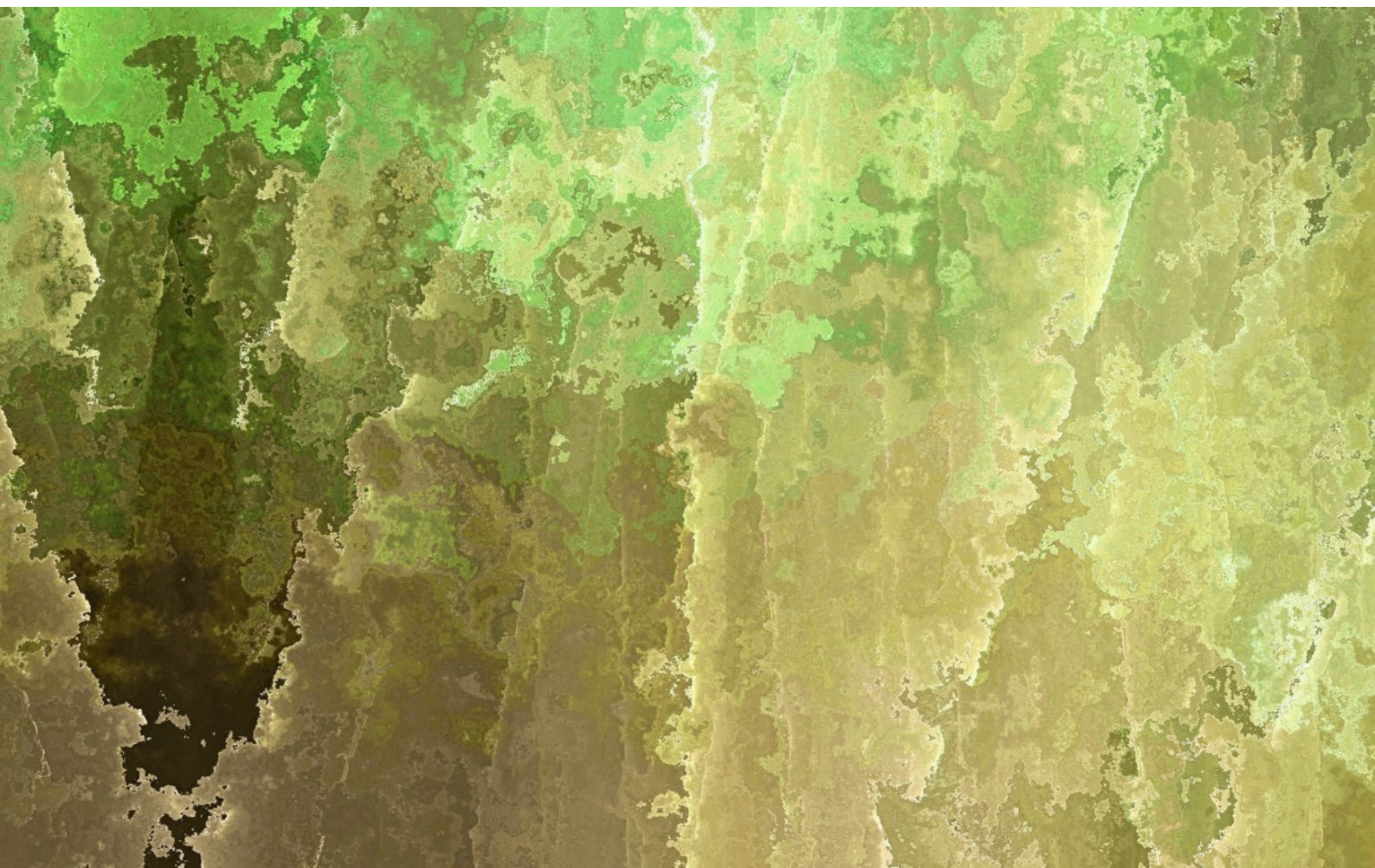
DEEP TRANSFORMATION
THROUGH EXPANDED STATES

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This psychedelic retreat for artists and creatives is an invitation to step into a different kind of creative space: one where we use expanded states of consciousness for you to connect more deeply with your artistic process, explore new inspiration, and bring fresh energy to the way you create, feel, and express.

Whether you're a painter, writer, musician, performer, designer, or simply someone who relates to life through creative exploration, this retreat offers the chance to engage with your artistic process in a different way in a shared space with others, each one on their creative path. Through a guided psychedelic experience in a safe, supportive setting, you'll have the chance to open new pathways and explore what wants to emerge when you meet your creativity from a different angle.



Why join this psychedelic retreat?



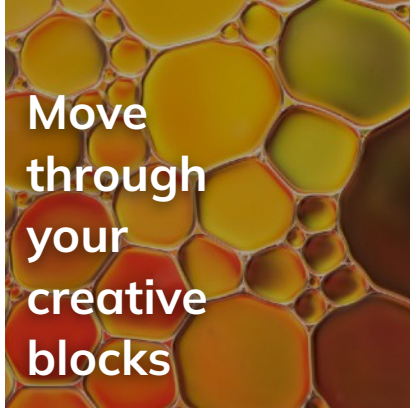
Enrich your creative journey

Deepen your connection to your artistic energy, essence and expression



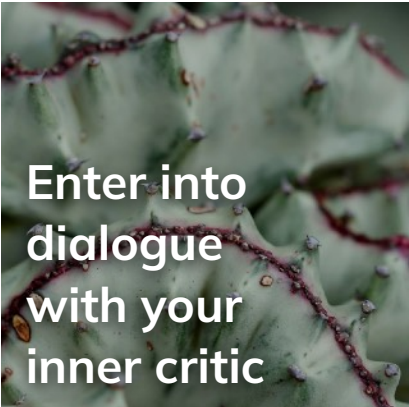
Cultivate a better relationship with your creativity

Learn how to better ride your creative flow with more ease and confidence



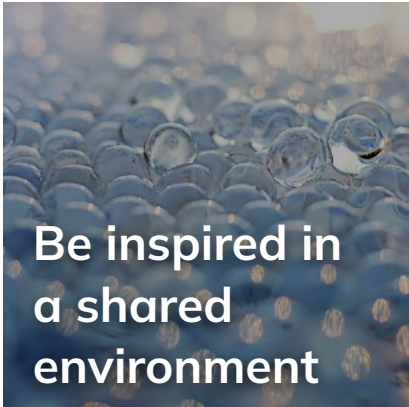
Move through your creative blocks

Shift your perspective, release outdated patterns, and reconnect with your creative spark if it feels stuck



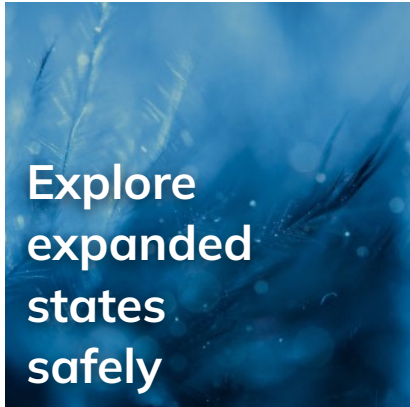
Enter into dialogue with your inner critic

Engage in a more constructive relationship with the critical parts of yourself that get in the way of your artistic expression



Be inspired in a shared environment

Reflect together, exchange ideas, and create side-by-side or collaboratively in a nourishing inspiring setting with other creatives



Explore expanded states safely

Experience the power of psychedelics in a professionally guided, held setting, supporting clarity and integration

What to expect ...

- Introductory call to explore whether the retreat is right for you
- Medical and psychological screening to ensure safety and readiness
- One-to-one consultation with a Lead Facilitator to get to know you more personally
- Online group preparation and information meeting to meet your fellow participants
- Small group of up to 12 participants: intimate and spacious
- 4-day retreat held in an idyllic natural location
- Three nights of shared accommodation
- Return transport from a designated train station to the retreat location
- Wholesome vegetarian meals (vegan option available)
- One guided psychedelic session (medium to high dose)
- Experienced Facilitators who are present all the time for personal care and support
- Breathing, embodiment, and movement practices
- Gentle structure with space for your own rhythm
- Prompts and activities to help you further your creative exploration
- Dedicated time for you to deepen your creative process
- Opportunities to exchange inspiration with the other participants
- Group sharing and integration circles
- Personal post-retreat integration call with a Lead Facilitator
- Online group integration meeting 1-2 weeks later

We take care to create a space that is held but open, structured yet free. We will suggest different activities but there is no expectation for you to produce anything or share unless you wish to. The focus is on meeting your creative process as it is, with curiosity, openness, and support. This is a chance to let go of the pressure to create and to reconnect with why you create in the first place.

The Retreat

2026 dates: > 15 – 18 October 2026

1st Day	2nd Day	3rd Day	4th Day
• Arrival and settling in • Introductions • Lights and Shadows – Exploring myself as an artist • Dinner • Free time / Group activity	• Breakfast • The spring within – Tapping into my inspiration • Psychedelic experience • Dinner • Free time / Group activity	• Breakfast • Into the Open – Freeing up my creative spirit • Lunch • Into the Open (contd.) • Dinner • Free time / Group activity	• Breakfast • The inner Compass – Taking my next step • Group Sharing • Closure • Lunch • Departure

It is advisable that you arrive a day before the psychedelic retreat so you have time to land internally and be in a calmer space before the experience. We also suggest that you leave a day or two after the retreat, as you would be in an emotionally more open space. You can look at our [Frequently Asked Questions](#) for more information about the retreat.



Other participants' experience

Safe and transformative

I'm grateful to have been part of this retreat. The facilitators create an environment where it feels safe to simply be yourself and open up to a transformative experience. Their ability to be fully present while still giving you all the space you need is remarkable.

Random, Switzerland

Competent, professional support

Everything that was, said, done, prepared and executed by the facilitators was done with love, dedication, professionalism and sincerity. As a result, I achieved not what I thought I wanted but what I needed for myself to help me through at this point in my life. The experience itself was revealing and magical! During the ceremony I was fully supported, in short, by genuine competent folks who know what they are doing ... professional to the core but yet sensitive as any sentient being can possibly be. I was touched by their humanity and dedication to my betterment.

Tasha, Italy

Respectful accompaniment

All facilitators are deeply compassionate and professional. I appreciated how the preparation, location, facilitation of the retreat, and integration were all well-prepared, and everything was announced and explained properly. I was a bit apprehensive throughout the entire process but the team managed to make me feel safe. I truly value the highly respectful and gentle way of accompanying me during the whole process. Highly recommend!

Maria, Switzerland

Registration and Payment

ACCESS	STANDARD	SUPPORTER
€ 950	€ 1150	€ 1350

DISCOUNTS
Early Bird € 100 (up to 2 months before) Bring a Friend € 80 per person <i>* Offers cannot be combined. We offer the highest discount that applies in each case.</i>

We believe in creating more social equality by increasing accessibility to transformative experiences for people with lower incomes. For this purpose we have set up a fund to offer a scholarship to a couple of participants on each retreat. Anyone paying the supporter price will be contributing to such a fund. If you are in need of a scholarship, please let us know your situation and kindly provide proof of income, or proof of unemployment or student status.

The price includes the retreat with full board and lodging, together with the additional preparation and integration sessions mentioned above.

Payment details:

50% deposit due within 7 days of confirmation of registration

Full amount due at least 30 days before the start of the retreat

For cancellation provisions, please refer to the [Terms and Conditions](#).

START YOUR JOURNEY

Who We Are



🔗 joansirera.com
🌐 joangsanchizsirera
📷 joan_sirera

Joan Sirera

Co-founder and Lead facilitator

Joan is a Gestalt psychotherapist trained in ketamine-assisted therapy, trauma work, dreamwork and somatic sexuality. He integrates humanistic therapy with body awareness and creative exploration, specialised in expanded states of consciousness. His interest in creativity led him to study performing arts and to start a music project – an expression of a lifelong relationship with music. This ongoing creative practice shapes how he facilitates retreats: not as an outside guide, but as someone who knows, from the inside, what it means to search for a voice, lose it, and find it again.



🔗 michaelconti.net
🌐 conti-michael
📷 michaelconti.info

Michael Conti

Co-founder and Lead facilitator

Michael is a licensed psychotherapist and supervisor working from an integrative somatic perspective. Trained in ketamine-assisted psychotherapy and somatic sexuality, he specialises in expanded states of consciousness, trauma, and gender and sexuality. He is the author of *Living Better with Yourself* and runs workshops internationally. His relationship to creativity runs through drawing, sculpture and writing, and brings this sensitivity to retreats by helping participants find the form their creativity is asking to take.



🔗 thecovetherapy.com
🌐 jacqueline.micallef
📷 jacky.micallef

Jacqueline Micallef

Facilitator

Jacqueline is a Gestalt psychotherapist and coach registered with the Malta Psychotherapy Profession Board. She is trained in ketamine-assisted psychotherapy and has a deep and ongoing interest in plant medicine. In her work, she draws upon a variety of therapeutic approaches to tailor her methods to meet the needs of each client. She also practises mindful dance movement which she integrates into her work. As the founder and director of *The Cove*, she leads a team of psychotherapists and coaches.

Our values

Trust We are committed to creating the highest level of trust that enables people to challenge themselves and grow.

Respect We celebrate the diversity of gender, sexual orientation, religion, race, culture, age, and abilities.

Nurture We foster a nurturing environment through our guidance and support, always within an ethical framework.

Uniqueness We offer a highly-personalised experience and take the time to know each person on multiple levels.

Transformation We do our utmost to create an experience that is highly significant in the development of one's life journey.

Integration We use different tools to help integrate various aspects of oneself while respecting the varied dimensions of life.

Community We believe that everything is interconnected and aim to create an accessible space to nurture this.

Beauty We believe that beauty is a fundamental component of the experience we are providing.





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